



# June is Recreation and Parks Month



The Alberta Recreation and Parks Association recognizes June as Recreation and Parks Month. To help celebrate the spirit of play and to encourage residents to get out and enjoy our facilities, the Town of Canmore has planned a series of **FREE** outdoor activities throughout the month of June!

Come join us and experience all the benefits and recreation and parks have to offer! Complete details, including times and registration links, are available online at [canmore.ca/dropinsports](https://canmore.ca/dropinsports)

## Free Activities:

### June 4

Yoga at Riverside Park | Drop-in

### June 12

Adult Playground at Centennial Park with the Primary Care Network  
Drop-in

### June 17 and June 21

Try Tennis (Adults Only) with the Canmore Tennis Association  
Advanced Registration Required

### June 24

Try Pickleball with the Bow Valley Pickleball Association  
Advanced Registration Required

### June 25

Bodyweight and Mobility at Riverside Park  
Drop-in

[canmore.ca](https://canmore.ca)

